**BELLABEAT 18 CSV DATASETS**

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| Table Name | Type | Description |
| dailyActivity\_merged | Excel CSV | Daily Activity tracking (Steps, Distance, Intensities, Calories) for 33 users over 31 days |
| dailyCalories\_merged | Excel CSV | Daily Calorie data for 33 users over 31 days |
| dailyIntensities\_merged | Excel CSV | Daily Intensity (Sedentary, Lightly Active, Fairly Active, Very Active) for 33 users over 31 days |
| dailySteps\_merged | Excel CSV | Daily Steps data for 33 users over 31 days |
| heartrate\_seconds\_merged | Excel CSV | Heart Rate logs for 7 users |
| hourlyCalories\_merged | Excel CSV | Hourly Calorie data for 33 users over 31 days |
| hourlyIntensities\_merged | Excel CSV | Hourly Intensity data for 33 users over 31 days |
| hourlySteps\_merged | Excel CSV | Hourly Steps data for 33 users over 31 days |
| minuteCaloriesNarrow\_merged | Excel CSV | Calorie data captured every minute for 33 users over 31 days (Every minute in a single row) |
| minuteCaloriesWide\_merged | Excel CSV | Calorie data captured every minute for 33 users (Every minute in a single column) over 31 days |
| minuteIntensitiesNarrow\_merged | Excel CSV | Intensity data by minute for 33 users (Every minute in a single row) over 31 days |
| minuteIntensitiesWide\_merged | Excel CSV | Intensity data by minute for 33 users (Every minute in a single column) over 31 days |
| minuteMETsNarrow\_merged | Excel CSV | METs (Energy Ratio) data for 33 users over 31 days |
| minuteSleep\_merged | Excel CSV | Sleep logs by minute for 24 users over 31 days |
| minuteStepsNarrow\_merged | Excel CSV | Steps tracked every minute for 33 users (Every minute in a single row) over 31 days |
| minuteStepsWide\_merged | Excel CSV | Steps tracked every minute for 33 users (Every minute in a single column) over 31 days |
| sleepDay\_merged | Excel CSV | Daily sleep logs (count, minutes, time in bed) for 24 users over 31 days |
| weightLogInfo\_merged | Excel CSV | Daily weight tracking (Kg, Pounds) with BMI calculation for 8 users over 30 days |